



鼻子是面部輪廓中最突出的部分，一個挺直而合比例的鼻形，可使面部輪廓顯得更為立體。鼻子必須配合面形、眼睛及嘴巴的比例，不一定要越高越窄才好看。所以手術前必須與醫生作出良好溝通方能達到預期的效果。

常見的鼻部整形手術包括隆鼻樑、除去駝峰鼻、收窄鼻翼、改善扁鼻尖及朝天鼻、增長或縮短鼻形、以及收窄或收細鼻孔等。

隆鼻手術

人工假體軟骨植入 / 自體軟骨植入隆鼻手術

隆鼻手術是鼻部整形手術中最普遍的一種。傳統的隆鼻手術方法效果持久，透過在鼻孔內或鼻小柱上作一個小切口，植入人工假體軟骨或自體軟骨，把鼻樑和鼻尖墊高。醫生會視乎鼻形本身的高度及長短而對植入的軟骨進行裁切。有需要時亦可同時進行修改鼻骨及鼻內軟骨的手術，使鼻形得到全面的改善。

隆鼻手術多在局部麻醉下進行，時間大約為一至三個小時。手術一般不會留下明顯的疤痕，術後瘀腫一般於一至兩星期減退，並於四至六星期回復自然。

透明質酸注射

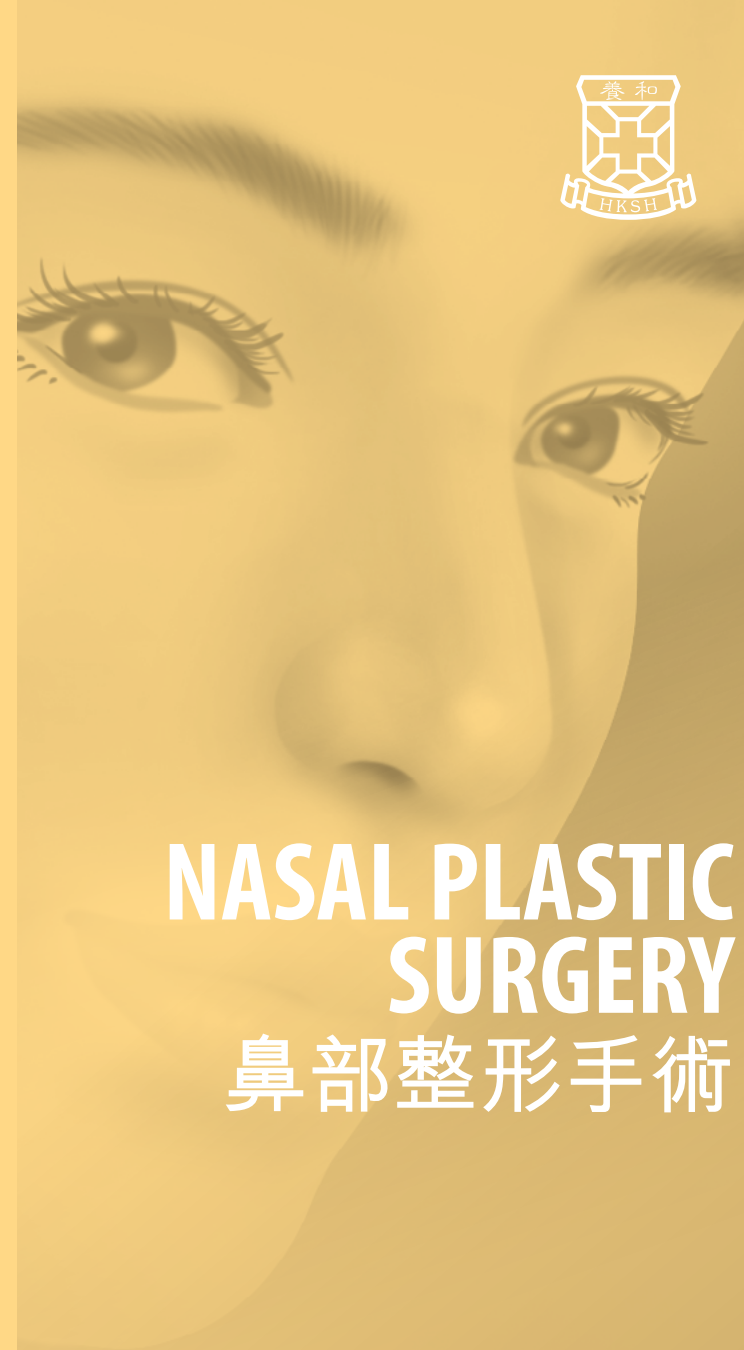
透明質酸注射亦能有效地改善低鼻根及個別鼻尖的問題。過程只要30至45分鐘，瘀腫一般於一至兩天減退，功效能維持6至9個月。

收窄鼻翼手術

收窄鼻翼的手術可分為內收法和外切法，由於切口收藏於上唇內或鼻與面部摺位上，所以術後是沒有明顯的疤痕。

除去駝峰鼻手術

在鼻孔內或鼻小柱上作一個小切口，把鼻背上凸出的曲線磨平，使鼻樑挺直。過程大約需要兩個小時。瘀腫一般於一至兩天減退，並於四至六星期回復自然。



NASAL PLASTIC SURGERY

鼻部整形手術

HKSH Plastic & Reconstructive Surgery Centre

養和整形外科中心

CONSULTATION HOURS

Monday to Friday

10:00am – 6:00pm

Saturday

9:00am – 1:00pm

Closed Sundays and Public Holidays

Consultation by Appointment

診症時間

星期一至五

上午 10 時至下午 6 時

星期六

上午 9 時至下午 1 時

星期日及公眾假期休息

敬請預約

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HKSH Plastic & Reconstructive
Surgery Centre

養和整形外科中心



NASAL PLASTIC SURGERY

鼻部整形手術



The nose is the most dominant feature of the face and a straight nose in good proportion with the rest of the face can enhance facial contour. The size and shape of the nose should be in harmony with other facial features such as the eyes and lips. As such, a high and narrow nasal bridge may not be suitable for everyone and good communication with the doctor prior to the procedure is the key to achieving expected results.

Common types of nasal surgery include bridge augmentation, hump removal, alar reduction, tip improvement, elongating or shortening, nostrils narrowing or reduction.

NASAL AUGMENTATION

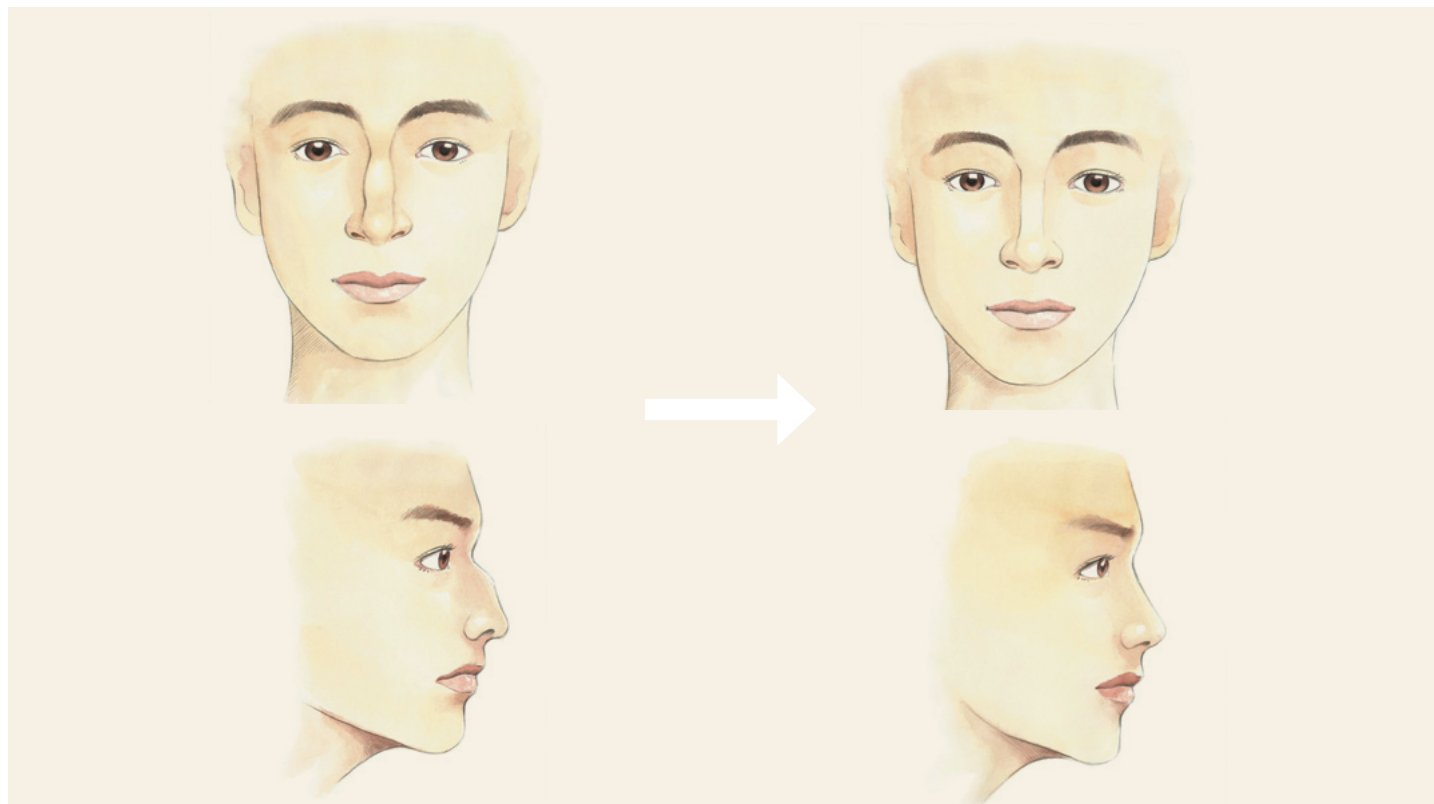
Synthetic / Autologous Cartilage Implantation

Nasal augmentation is among the most common request for nasal improvement surgery. Nasal augmentation by implant or autologous cartilage has long-lasting results. The procedure is done by making a small incision in the nostrils or over the columella to build up the nasal bridge and tip. The doctor will modify the cartilage or implant according to the desired nasal height and length. If necessary, surgery on the nasal bone and nose cartilage can also be performed simultaneously to improve the overall appearance of the nose.

Usually performed under local anaesthesia, nasal augmentation surgery takes about one to three hours and usually leaves no visible scar. The bruising and swelling typically subsides in one to two weeks, and full recovery is expected in four to six weeks.

Hyaluronic Acid Injection

Hyaluronic acid injection can also effectively improve low nasal bridge and some nose tip problems. The procedure takes 30 to 45 minutes and any bruising and swelling usually subsides in one to two days. Effects usually last for six to nine months.



ALAR REDUCTION

Alar reduction can be conducted through internal and external incisions. Incisions are made inside the upper lip or at the junction of the nose and cheek to minimise appearance of visible scars.

NASAL HUMP REMOVAL

By making a small incision inside the nostril or the nasal columella to reduce excess parts and refine contour of the nose, the nasal bridge can be straightened. The procedure takes about two hours. The bruising and swelling usually subsides in one to two weeks, with full recovery expected within four to six weeks.

