



FACIAL CONTOURING

面形輪廓 整形手術

HKSH Plastic & Reconstructive
Surgery Centre
養和整形外科中心

脂肪移植隆下巴

自體脂肪移植是現時流行的整形外科手術，只需在下腹或大腿等部位抽出適量的脂肪，然後注入下巴，便能改善過小或過窄的下巴。由於部分注入的脂肪會被吸收，有需要時可於三至四個月後作補充注射，便能達到豐下巴的目的。

假體植入隆下巴手術

如想一次過達到較持久的效果，可植入假體或將下巴骨削開拉長。手術切口在下唇內，不會留下明顯的疤痕。手術完成後，病人或會感到不適及出現瘀腫。瘀腫可於一至兩星期減退，並於三至四星期回復自然。

削下巴手術

至於下巴過長或過於凸出，可考慮將下巴骨削平。手術切口在下唇內，不會留下明顯的疤痕。術後瘀腫可於一至兩星期減退，並於三至四星期回復自然。

面形改善手術

面形對容貌有着重要的影響，方形面給人硬朗的感覺，圓面給人肥胖的感覺，一般女士較喜歡清秀的瓜子面。方形面是由於咀嚼肌或腮骨過於肥大所至。矯正方面，可選擇注射肉毒桿菌素或將腮骨修細。

瘦面手術

如方形面的原因是腮骨過大，可考慮削細腮骨手術。

手術在全身麻醉下進行，切在口腔內，不會在面部留下疤痕。術後瘀腫會於一至兩星期減退，並於四至六星期回復自然。

肉毒桿菌素瘦面

肉毒桿菌素能阻隔神經末稍與肌肉的訊息傳遞，令肌肉放鬆及縮小。瘦面效果會於注射後三至四星期出現，並於繼後之三個月有持續的改善。效果一般能維持六至九個月。肉毒桿菌素的注射十分安全，不會影響咀嚼功能，注射後亦可即時回復工作。

唇形改善手術

咀唇是性感的象徵。理想的咀唇應厚薄適中，上唇與下唇厚度的比例是1比1.5。唇內軟組織會隨著年齡的增長續漸流失，令咀唇變得單薄及出現皺紋，使唇部失去吸引力。

透明質酸注射豐唇

透明質酸的注射可令咀唇變得豐滿。過程只需十數分鐘，康復時間短，不影響正常工作，效果能維持六至九個月。

脂肪移植豐唇

如要有較持久的效果，可考慮自體脂肪移植。醫生只需在脂肪積聚的地方（如：下腹、臀部及大腿）抽出適量脂肪，然後注入唇部，便能令咀唇變得豐滿。由於部分注入的脂肪會被吸收，有需要時可於三至四個月後作補充注射，以保持效果。

咀唇修細手術

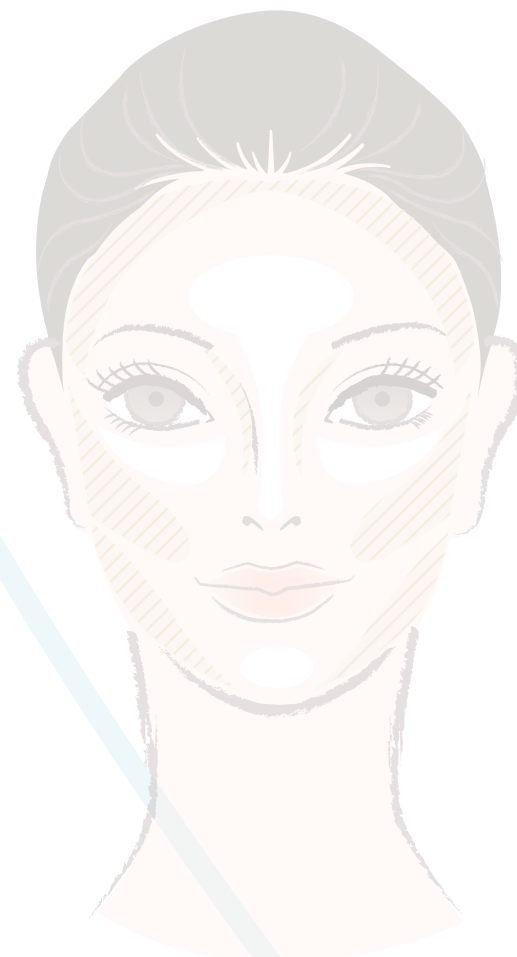
適用於咀唇周厚人士，手術在局部麻醉下進行，不用留院。只須將過厚的唇部黏膜切除，然後縫合便可。瘀腫可於一星期內減退，不用拆線，亦沒有明顯的疤痕。

下巴整形手術

下巴是在面部最底的位置，配合顴骨及鼻部勾劃出面部的立體感，突顯面形輪廓。一個理想的下巴，佔整張臉六分之一的長度，與眉心及咀唇排行在同一垂直線上。常見的下巴問題包括：過短、過窄或過於凸出。

透明質酸注射隆下巴

透明質酸的注射可有效地改善過小或過窄的下巴，康復時間短，不影響正常工作，效果能維持六至九個月。



HKSH Plastic & Reconstructive Surgery Centre

養和整形外科中心

CONSULTATION HOURS

Monday to Friday

10:00am – 6:00pm

Saturday

9:00am – 1:00pm

Closed Sundays and Public Holidays

Consultation by Appointment

HKSH Healthcare Medical Centre

養和醫健專科中心

Level 23, One Pacific Place

88 Queensway, Hong Kong

香港金鐘道 88 號

太古廣場一座 23 樓

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診症時間

星期一至五

上午 10 時至下午 6 時

星期六

上午 9 時至下午 1 時

星期日及公眾假期休息

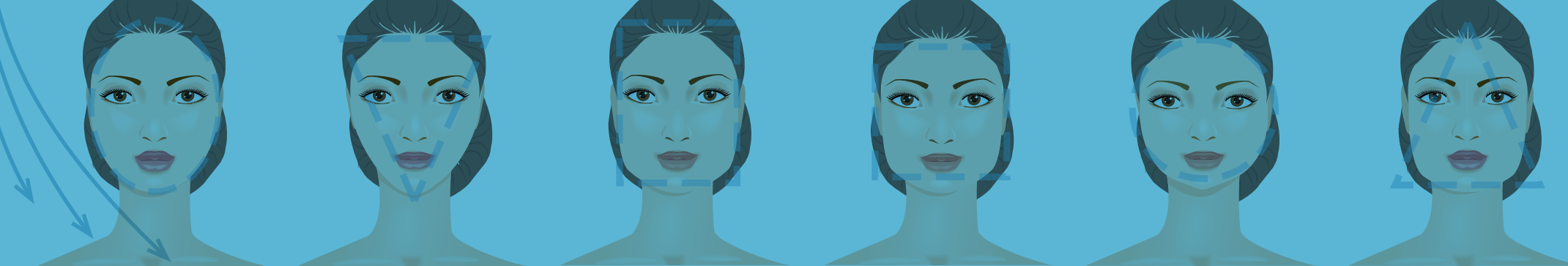
敬請預約

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面形輪廓整形手術



JAWLINE RESHAPING

The shape of the face is important in giving a good impression. A square face might project strength while a round face might give an impression of a fuller face. As such, female clients commonly prefer an oval face shape. A square face is usually the result of an over-enlarged jawbone or hypertrophy of the chewing muscles. Reshaping the jawline can be done by jaw reduction surgery and Botulinum A Toxin injection.

Jaw Reduction Surgery

If the formation of the square face shape is due to an over-enlarged jaw bone, jaw reduction surgery can be considered. The surgery requires general anaesthesia, and leaves no noticeable scar as the incision is made inside the mouth. The bruising and swelling typically subsides in one to two weeks, with full recovery expected in four to six weeks.

Botulinum A Toxin Injection

Botulinum A Toxin injection blocks nerve signal transmission and relaxes the masseter muscles, leading to an overall reduction in size. As a result, the appearance of the face can be transformed into a more attractive oval shape. Results are usually noticeable three to four weeks after injection, and will continue to improve in the subsequent three months. Results can last for six to nine months. Botulinum A toxin injection is safe, and will not affect chewing. Patients may return to work immediately.

LIP CONTOURING

The ideal ratio of upper lip to lower lip is 1:1.5. During the ageing process, the soft tissue inside the lip will deplete gradually, resulting in the thinning of lips and appearance of fine lines - making the lips appear less attractive.

Hyaluronic Acid Injection

Fuller lips can be achieved with hyaluronic acid injection. The injection takes about 10 to 30 minutes and has a short recovery time. Effects can last for six to nine months.

Fat Transfer

To attain a long-lasting result for fuller lips, fat transfer can be considered. Doctors will need to remove fat from donor sites such as the abdomen, upper arms or thighs. The fat is then centrifuged, purified and injected into the lips to desired fullness volume to enhance the lip contour. Injected fat absorbed by the body can potentially diminish the outcome, so some patients may need to repeat the procedure after three to four months to achieve desired results.

Lip Reduction Surgery

The upper and lower lips can be cut thinner by lip reduction surgery. Lip reduction surgery is usually done under local anaesthesia without hospitalisation. Excess lip mucosa is excised and the wound is closed directly. Suture removal is not required. The scar is not noticeable and any bruising and swelling usually subsides in one week.

CHIN ENHANCEMENT / REDUCTION

The chin occupies the bottom part of the face and, together with the cheekbones and nose, brings contours to the overall facial structure. A perfect proportion of the chin should be at a 1:6 ratio to the face and aligns on the same vertical line with the eyebrows and lips. Common problems of the chin include short chin, weak jawline or prominent chin.

Hyaluronic Acid Injection

Hyaluronic acid injection can enhance the size and shape of the chin. The recovery time is short and effects can last for six to nine months.

Fat Transfer

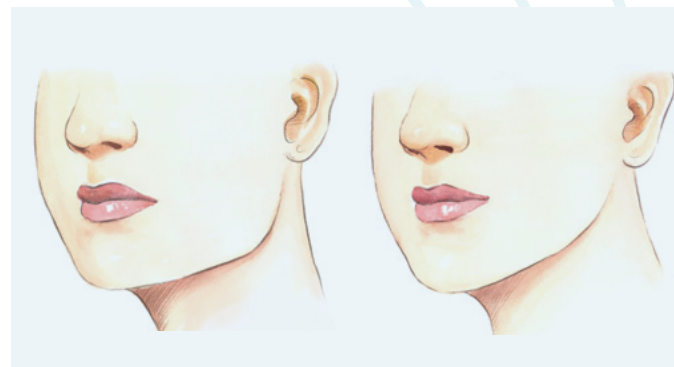
Fat transfer is one of the trendiest plastic surgeries today. Doctors will need to remove excess fat from donor sites such as the abdomen, upper arms or thighs. The fat is then centrifuged, purified and injected into the chin to improve the chin height and shape. Injected fat may be partially absorbed by the body, diminishing effects of initial outcome so some patients may need to repeat the procedure after three to four months to achieve more lasting results.

Chin Augmentation with Implant

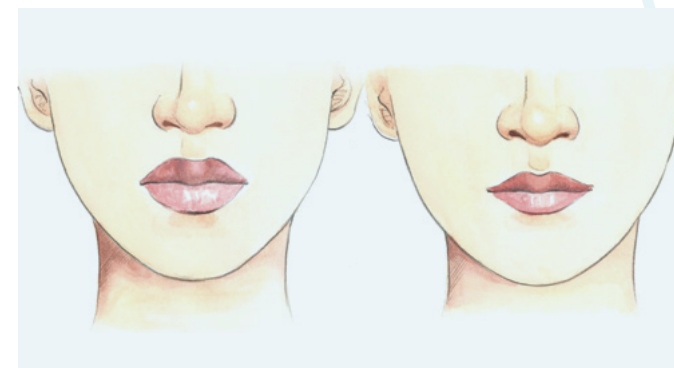
A more permanent result can be achieved by chin implantation. As the incision is made inside the lower lip, the scar is barely visible. After the surgery, bruising and swelling may occur but will gradually subside in one to two weeks. The chin will appear natural in about three to four weeks.

Chin Reduction Surgery

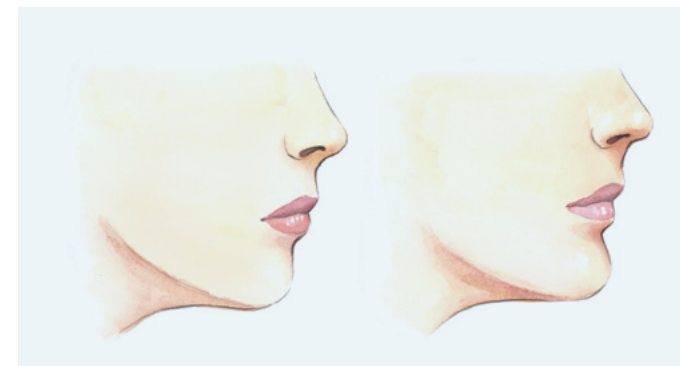
If a chin definition is too pointy or squared, chin reduction surgery can help. Similarly, the incision is made inside the lower lip so the scar can barely be seen. After the surgery, bruising and swelling may appear, but will subside in one to two weeks. The chin will recover and look more natural in about three to four weeks.



Jaw Reduction Surgery 瘦面手術



Lip Reduction Surgery 咀唇修細手術



Chin Enhancement 下巴整形手術

